

Spring Hill Public School



Term 3 Issue 3

28th August 2018



Calendar Dates

29/8- Murray Hartin Poet

13/9- Western Athletics

23/9- Book Week & Assembly

Awards

5 & 6

Will Knox- Merit

Harrison Knox- Merit

3 & 4

Elliot Devenish- Student of the Week

Jorja Palazzi- Merit

K & 1,2

Navah Devenish- Student of the Week

Lila Nelson- Merit

Tazmin McLeay- Merit

Zach Knox- Merit

Frankie Gee- Merit

Transition

Dusty Jones- Merit

Damo Hines- Merit

Dear Parents, Friends and Students,

It's great to see each and every student arriving at school ready to learn, with a smile on their face full of energy.

Over the next few weeks, due to Mrs Mac being a global sensation, I will be relieving Principal until she returns at the end of term.

A big warm welcome to Miss McGrath, who will be working in the infants classroom and welcome back to Mr H who is in the primary classroom. They are both in their final prac before venturing out into the teaching world.

This Thursday, we are lucky enough to be visited by Murray Hartin who will be entertaining students in Years 3 to 6 with his high energy and hilarious poetry.

Miss Cornish



IMPORTANT- Permission notes & Payments

As you can appreciate, when we offer excursions/incursions to our students there is a lot of organisation needed to ensure the event runs smoothly e.g. calculate student/teacher ratio, order buses, book correct numbers for all activities on excursions, organise students not attending the excursion, cancel activities if numbers are too low. All of these things take time and organisation.

From Week 8 Term 3 ALL permission notes and payments need to be returned with payment BY THE DUE DATE. Late notes and/or payments will not be accepted and your child will not be able to attend.

Please do not ask for exemption from this as refusal may offend. The office is open from 8.00am to 3.30pm.

Email: springhill-p.school@det.nsw.edu.au Phone: 6365 5259 Fax: 6365 5247

Outstanding Fees

We currently have a number of outstanding fees, Healthy Harold and the Primary End of Year Excursion are not compulsory but Term 4 Swimming is. If your child is not participating please let the school know as soon as possible so numbers can be adjusted.

Healthy Harold- \$10 per student due **13th September 2019- permission note available on School Stream soon**

Term 4 Swimming- \$60 per student due **27th September 2019- permission note available on School Stream soon**

End of Year Excursion- \$300 per student total amount to be paid by **6th November 2019.**

Please make sure these payments are made by the due date.

Leave

Mrs Mac will be on leave until the 18th September. If you have any concerns please see Miss Cornish who will be acting Principal while she is away.

School Photos

School Photos are now available to purchase please go online and use your shoot code.

Friday- Sports Day

This term Friday sport will be at school and we will be focussing on touch football skills. Please ensure your child is in sports uniform and wearing joggers to ensure their safety during running exercises.

Book Week

This years' book week will take place on Monday 23rd September 2019. The theme for this year is "Reading is my super Power".

The book week parade will start at 11:30am followed by our last assembly for Term 3.

History Exams

Students in years 3, 4, 5 & 6 will have a history exam on Wednesday 25th September. Please study!

Personal Hygiene

With the weather starting to become warmer good personal hygiene practices boosts confidence by dealing with problems like bad breath or body odour.

For children, the basics of good personal hygiene are:

- washing hands
- covering their mouth when they cough
- having regular baths or showers
- brushing and flossing teeth.

You may have to help your child with good personal hygiene habits. These will become even more important as they grow older. Being able to talk openly and honestly about keeping clean will help you manage the more difficult personal hygiene issues that are likely to come up when they are teenagers.

Children need regular baths or showers. You could encourage a bath or shower at the end of the day as part of a bedtime routine. Make sure your child washes all of their body and that their body is thoroughly dry before they get dressed.

Children need fresh clothes every day, even if their old clothes don't smell. Clean underwear every day is especially important. You (or they, if they are old enough) can hang up their school uniform to air when they get home each day.

Band Program

Unfortunately the band program will not be continuing in Term 4. If your child is interested in continuing to learn and play an instrument please contact Emma Knott at the Mitchell Conservatorium on #63316622. Please return all instruments by the 19th September 2019 (last day of band program).

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Lunchboxes

When children eat well they are able to listen well and concentrate for longer. Packing a healthy school lunchbox will help children to learn and play well and be happy at school.

Steps for a healthy lunchbox

1. Make time to prepare. Have fresh fruit and vegetables, milk and yogurt, bread and crackers all bought in advance.
2. Make your own snacks. For example snack packs from fresh ingredients which you can buy in bulk.
3. Look after the environment. Put sandwiches and other items in reusable containers. This uses less packaging and creates less rubbish.
4. Choose a variety of foods from the 5 food groups.
5. Include a bottle of water.
6. Keep food cool. In warm weather freeze a water bottle or put a small ice pack in the lunchbox.

If your child is packing their own lunchbox please make sure they are packing a sandwich, wrap or something similar for lunch.



